



Interim report on the Evaluation Data

for the

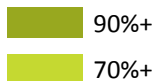
Altogether Better Wellbeing2 Programme in East Riding

February 2015



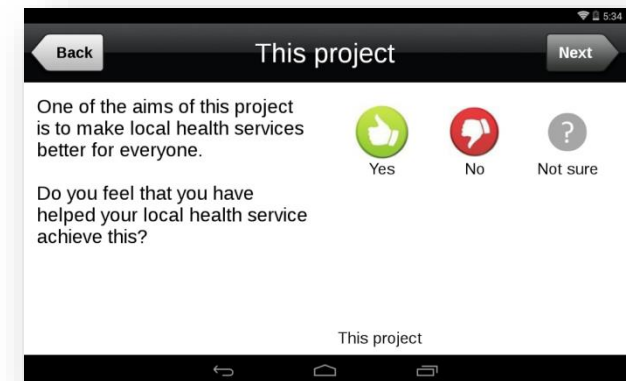
Exploring overall outcomes and statements: East Riding by Champions and Participants

	(% agree) <i>Base</i>	Champions		Participants	
		Total	Wave 1		Wave 2
		84	59	25	24
Overall questions:					
Overall feeling (Best thing/Great)	55%	59%	44%	87%	
Has improved local health services?	86%	92%	72%	n/a	
You feel welcomed@ practice	93%	93%	92%	33%	
Statement list					
Met people from different backgrounds to my own	99%	98%	100%	100%	
Made more friends	67%	75%	48%	92%	
Learnt: How to keep myself healthy	86%	93%	68%	96%	
Learnt: Ways to use my local health services	82%	90%	64%	58%	
Learnt: Ways to improve mental WB and happiness	81%	88%	64%	71%	
I feel more valued	68%	80%	40%	25%	
More contact with people in neighbourhood/community	89%	90%	88%	100%	
I feel generally happier	69%	76%	52%	88%	
Learnt: Ways to stay physically active	81%	86%	68%	96%	
I am more self-confident	55%	66%	28%	33%	
Learnt: How to eat more healthily	82%	90%	64%	67%	
People listen to me more	54%	69%	16%	25%	
Started going to more (social) activities and groups	49%	46%	56%	96%	
Worked with my GP practice patient group	51%	59%	32%	n/a	



Champion Single Point Survey: full question list:

- Number of times involved so far
- Amount of time given to volunteer (e.g. weekly)
- What activities been doing (open description + tick list)
- Has the project reached its aim of making local health services better? (Shropshire / Barns ley differ)
- Are you made to feel welcome?
- Number of times you have met project staff (Shropshire differs)
- Outcome statements in three sections:
 - Meeting other people (5)
 - How you feel (4)
 - What have you learned (5)
- List of positive changes (list)
- What have you gained/learned? (Open end)
- What's the best thing about your involvement? (Open end)
- Your overall rating of the programme (4-level)
- Can you suggest any improvements? (Open end)



Participant Single Point Survey: full question list:

- Number of times involved so far
- Frequency of involvement (e.g. weekly)
- What activities been doing (open description)
- Are you made to feel welcome?
- Outcome statements in three sections:
 - Meeting other people (4)
 - How you feel (4)
 - What have you learned (5)
- List of positive changes (list)
- What have you gained/learned? (Open end)
- What's the best thing about your involvement? (Open end)
- Your overall rating of the programme (4-level)
- Can you suggest any improvements? (Open end)
- Demographics (age/gender/ethnic group)

